



TODDLER AIRPLANE SURVIVAL BACKPACK PACKING GUIDE

THE ESSENTIALS

- Diapers / Pull-ups (bring extra)
- Wipes
- Travel changing pad
- 2 outfit changes (top + bottom + socks)
- Light jacket (planes get cold)
- Plastic bags (for dirty clothes or trash)
- Hand sanitizer
- Disinfecting wipes
- Bib (less mess)
- Pacifier (bring extra if they use one)

ENTERTAINMENT

- Tablet or iPad (fully charged)
- Downloaded:
 - Favorite shows
 - Favorite movies
 - Interactive games
- Kid-friendly headphones
- Charger + portable battery pack
- Tablet stand or toddler-proof case

Pro tip: Test everything BEFORE you leave. WiFi is not your backup plan.

SNACKS

- Crackers / pretzels (crunchy)
- Snack bars / granola bars
- Yogurt pouches / applesauce
- Cut fruit (if you can keep it fresh)
- Fun treat
 - something they don't normally get
- Spill-proof snack cup
- Gum, lollipop, or snack for takeoff/landing (helps ears!)
- Reusable water bottle

Pro tip: Space snacks out

TOYS & ACTIVITIES

- Small cars or figurines
- Pop-it / fidget toys
- Sticker book
- Water Wow (no mess coloring)
- 1-2 "new" or hidden toys
 - Wrapped toys for surprise moments

Remember: timing > quantity

COMFORT ITEMS

- Favorite blanket
- Lovey or stuffed animal
- Travel pillow (optional)

TRAVEL GEAR

- FAA-approved car seat
- Car seat travel bag backpack
- Stroller (gate check)

